

8th EAPC Sports Cardiology Course

www.eapcsportscardiologybcn.com



Barcelona
25 august
2022



Summary

The 8th edition of the EAPC Sports Cardiology Course is going to be performed the 25th August and it is going to be accessible both onsite in Barcelona and online. It will provided and up-to-date of how to manage elite and amateur athletes with cardiovascular diseases. The programme will cover the full spectrum of sports cardiologist and will be very interactive including case discussions presented by the top experts from around the world.



Learning objectives


After the course the participants will be able to:

- Differentiate between the physiological and the pathological remodelling induced by exercise training.
- Understand the impact on gender, age, and ethnicity on the exercise-induced cardiac remodelling.
- Evaluate and manage elite and amateur athletes with different cardiovascular diseases (both acquired and genetic) and provide them with tailored exercise advice.
- Know how to manage elite and amateur athletes after Covid-19 infections
- Recognize the potential consequences of exercising in extreme environments in athletes with cardiovascular diseases.



Target audience

General cardiologists / Sports cardiologists / Cardiologists in training •
Sports medicine physicians • Imaging specialists • Other clinicians •
Physiotherapists • Nurses



Fees

Early fee
(before 31st July 2022)

Late fee

Live event

Non EAPC members	250€	270€
EAPC Ivory	230€	250€
EAPC Silver	220€	240€
EAPC Gold	200€	210€
Student	100€	120€

Online course

Non EAPC members	150€	170€
EAPC Ivory	130€	140€
EAPC Silver	120€	130€
EAPC Gold	100€	110€
Student	70€	80€


Course Directors

Dr. Marta Sitges

Director of the Cardiovascular Institute, Hospital Clínic de Barcelona. • Associate professor, Universitat de Barcelona. • Board Director, Heart Valve Society

Dr. Maria Sanz de la Garza

Consultant cardiologist, Cardiovascular Institute, Hospital Clínic de Barcelona. Nuclei member of the EAPC Sports Cardiology and Exercise section




08.15 – 08.30

Welcome

08.30 – 09.00

Keynote lecture 1

Exercising in extreme environments in athletes with cardiovascular diseases.



09.00 – 10.15

Session 1

Evaluation and management of elite and amateur athletes with inherited cardiomyopathies. Challenging cases.

09.00 – 09.25

Case 1 Hypertrophic cardiomyopathy.

09.25 – 09.50

Case 2 Arrhythmogenic cardiomyopathy.

09.50 – 10.15

Case 3 Aortopathy.


10.15 – 10.45

Networking break

10.45 – 11.15

Keynote lecture 2

How to manage arrhythmias in adolescents and child athletes.



11.15 – 12.30

Session 2

Evaluation and management of elite and amateur athletes with arrhythmias. Challenging cases.

11.15 – 11.40

Case 1 Long QT syndrome.

11.40 – 12.05

Case 2 Atrial fibrillation.

12.05 – 12.30

Case 3 Ventricular arrhythmias.

12.30 – 13.00

Keynote lecture 3

Detecting cardiac inflammation in athletes.

13.00 – 14.00

Lunch break

14.00 – 15.15

Session 3

Evaluation and management of elite and amateur athletes with acquired cardiovascular diseases. Challenging cases.

14.00 – 14.25

Case 1 Myocarditis after Covid-19 infection.

14.25 – 14.50

Case 2 Cardiovascular side effects of doping substances.

14.50 – 15.15

Case 3 Ischemic cardiomyopathy.

15.15 – 15.45

Keynote lecture 4

Cardiovascular complications of Covid-19 infection. Implications for exercise recommendations in athletes and exercisers.

15.45 – 16.15

Networking break

16.15 – 17.30

Session 4

Common clinical scenarios in sports cardiology. Challenging cases.

16.15 – 16.40

Case 1 The master athlete with high a risk cardiovascular profile.

16.40 – 17.05

Case 2 The young athlete with a congenital heart disease.

17.05 – 17.30

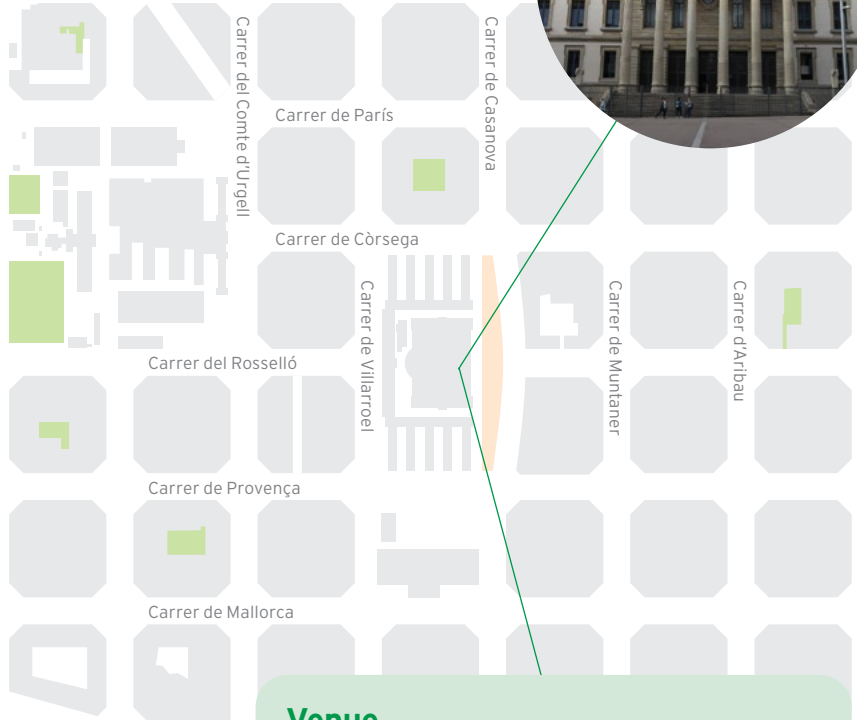
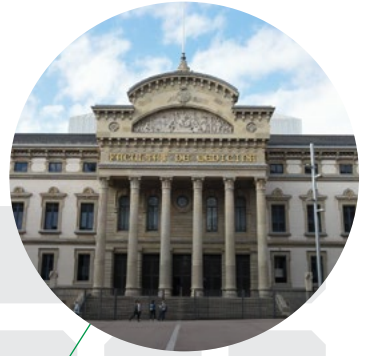
Case 3 The athlete with a cardiac implantable electronic device.

17.30 – 17.45

Close



EAPC
European Association
of Preventive Cardiology



Venue

Auditorium, Facultat de medicina de Barcelona
Carrer de Casanova, 143, 08036 Barcelona

Technical Secretariat

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